

GROUP DISCUSSION

WEEK OF
SEPT 14

MEAL & MINGLE

Spend these opening minutes getting to know new people and following up on conversations from previous gatherings.

5X5

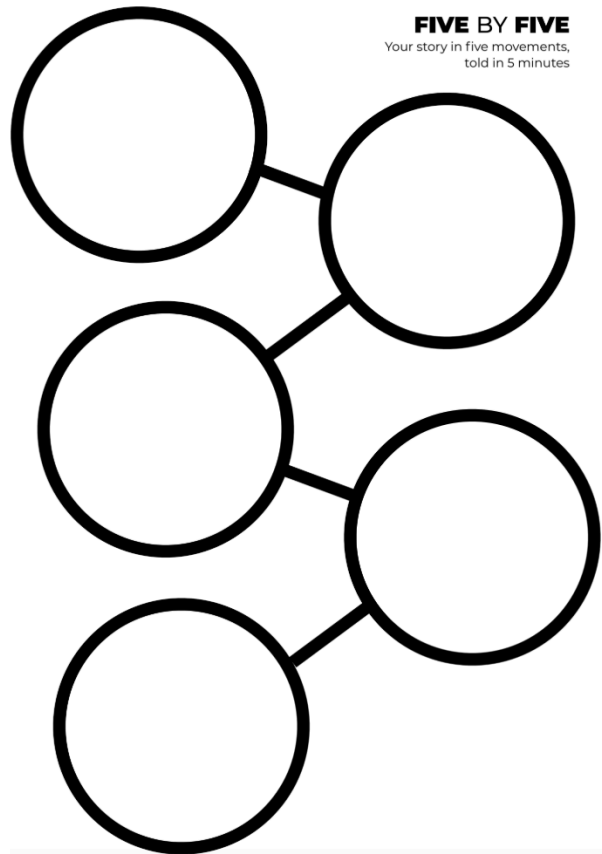
5x5 is an intentional way for us to get to know each other on a deeper level. It gives everyone a chance to share their story in a structured but vulnerable way. Each person will put together five pivotal moments from their life—*things that have shaped them, challenged them, or defined who they are today*. **As part of this, take time to reflect on your journey with Jesus:** *Who were the people that planted seeds in your life? What experiences led you to become a Christian—or if you haven't said yes to Jesus yet, what parts of your story have left you curious about faith?*

This isn't about having a "perfect" story. It's about creating space for honesty, vulnerability, and connection. When we open up, it invites others to do the same, and that's where real life change can happen.

1. **Handouts** – Pass out the 5x5 worksheets. Each person will use them to jot down five key life moments.
2. **Prep Time** – Give about 10–15 minutes for everyone to reflect and write. Light background music can help create an inviting, relaxed atmosphere.
3. **Sharing** – One by one, each person shares their five moments. Aim for around 5 minutes per person. It may take a couple of weeks to work through everyone's story.
4. **Response** – After someone shares, thank them. A simple "thank you for sharing that with us" goes a long way in affirming the vulnerability and building the culture we're aiming for.

FIVE BY FIVE

Your story in five movements,
told in 5 minutes



PRAYER CAMPAIGN

What's today's prayer prompt for your group? Start by sharing prayer requests, then spend time praying together for those needs and for the daily prompt.

Monday - *Pray for faith to stand firm in trials. Ask God to hold steady those in our church and our city facing loss, sickness, or hardship.*

Tuesday - *Pray for others to live lives that reflect God's heart. Ask God to strengthen your church, your friends, and your family to walk in obedience and grow in holiness.*

Wednesday - *Set an alarm to pray for Alpha launch @ 6:30p today. Pray something like this: Lord Jesus, we dedicate this Alpha launch to You. Go before us and prepare hearts to be open, curious, and hungry for truth. Fill every conversation with Your Spirit, and let questions lead to encounters with You.*

Thursday - *Pray for purity in our generation. Ask God to guard hearts and minds, and to make His people shine as a light in a culture of compromise.*

Friday - *For you yourselves have been taught by God to love one another. (1 Thess 4:9) Pray for a supernatural increase of love in our community. Ask God to help us love beyond differences and divisions, and to unite the churches in our area for God's glory.*

Saturday - *Make it your ambition to lead a quiet life: you should mind your own business and work with your hands. (1 Thess 4:11)*

Lord, help us to live with quiet strength, to be faithful in the work of our hands, steadfast in our daily callings, and diligent in honoring You through ordinary life. May our simple obedience point others to Jesus. Amen.

PRAYER REQUESTS



